

Simple Life Directive

I _____ on this _____ day of _____ in the year _____,
declare that it is not my wish to be kept alive by artificial means for a period of time exceeding
() 12 hours; () 24 hours; () 3 days; () 1 week; () 1 month; () 6 months.

I define "artificial means" as:

- () a machine respirator; () a heart pump; () a feeding tube; () a colostomy tube;
- () a hydration tube.

Other: _____

() I give the order to not resuscitate me should my heart fail.

I do () I do not () want to be an organ/tissue donor. As an organ donor, artificial support may be maintained long enough for the organs to be removed.

I give full responsibility to _____
or any of my children to enable this directive. By doing so they will be fulfilling one of my last requests.

Signed _____

Date _____

Witness _____ Date _____